

Member #: \_\_\_\_\_

Therapist Name: \_\_\_\_\_

Name \_\_\_\_\_ ID#/DOB \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_ Address \_\_\_\_\_ Email \_\_\_\_\_

1. What are your goals for health, and how may I assist you in achieving your goals? \_\_\_\_\_

2. List typical daily activities – work, exercise, home. \_\_\_\_\_

3. Are you currently experiencing any of the following? If yes, please explain.

pain, tenderness ☐ No ☐ Yes \_\_\_\_\_ stiffness ☐ No ☐ Yes \_\_\_\_\_

numbness or tingling ☐ No ☐ Yes \_\_\_\_\_ swelling ☐ No ☐ Yes \_\_\_\_\_

allergies ☐ No ☐ Yes \_\_\_\_\_

4. List all illness, injuries and health concerns you have now or have had in the past 3 years.

(Examples: arthritis, diabetes, car crash, pregnancy) \_\_\_\_\_

5. List medications and pain relievers taken this week. \_\_\_\_\_

6. I have provided all my known medical information. I acknowledge that massage therapy is not a substitute for medical diagnosis and treatment. I give my consent to receive treatment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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Tx: \_\_\_\_\_

C: \_\_\_\_\_

Legend:

- ⊙ TP
- TeP
- (P)
- \* Infl
- ≡ HT
- ≈ SP
- × Adh
- ≡ Numb
- ↻ rot
- / elev
- ↔ Short
- ↔ Long



initials \_\_\_\_\_